

## Sandals Regency La Toc Review (2026): The Hillside Saint Lucia

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Sandals Regency La Toc — the hillside resort with a private beach. Honest review of the rooms, dining, the famous golf course, and the steep terrain.

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A quick-reference printable from **The Resort Edit** — the data and verdicts from the full article, distilled into a one-page cheat sheet you can take to your travel agent or save offline.

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### Comparison 1

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Compared to	La Toc advantages	La Toc drawbacks
Sandals Halcyon Beach	Larger footprint, more dining variety, golf on property, more pool options	Less intimate, less walkable, older guest demographic, fewer beachfront rooms
Sandals Royal Caribbean Jamaica	Better beach, calmer water, no airport noise, stronger spa	Fewer specialty restaurants, no private offshore island, less polished food
Sandals Grenada	Lower price point in shoulder season, longer beach, more room categories	Less consistent food execution, older finishes, more dated public spaces

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### Quick Answers

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#### Q: How long is the airport transfer to Sandals Regency La Toc?

A: It depends on the airport. Hewanorra International (UVF) in the south handles most North American carriers and runs a 75 to 90 minute transfer up the west coast — long, scenic, occasionally winding. George F. L. Charles (SLU) is a ten-minute drive but only handles regional flights from Barbados, Antigua, and other Caribbean hubs. Routing through SLU is the single biggest quality-of-life upgrade on the trip. If UVF is your only option, the private transfer upgrade runs roughly \$180 per couple round-trip.

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#### Q: Why is the hillside layout at Sandals Regency La Toc important?

A: The 210-acre estate climbs sharply behind the beach, with rooms terraced up the hill and the golf course wrapping the upper grounds. Getting around means shuttle carts rather than casual strolls — they run on demand, prompt in peak hours but can lag at the 7 p.m. dinner rush. The Sunset Bluff suites at the top have the best views on property (a sweeping sunset-facing aspect) but the longest cart rides to dinner. Couples who want flat and walkable should look at Grande St. Lucian.

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#### Q: How long is the beach at Sandals Regency La Toc?

A: La Toc has the longest beach of any Sandals on Saint Lucia — a deep crescent of golden-tan sand running roughly half a mile, with water that shelves gently and stays swimmable most of the year. It's longer than Halcyon's narrower strip and more open than Grande St. Lucian's bay-cove arrangement. The main pool fronting the beach gets crowded by 11 a.m. in high season, but quieter terraced pools mid-hill remain underused — walk uphill for two hours of uninterrupted reading.

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